



(033) 2350-9210, 2360-7586, 6501-6584

# BANGABASI MORNING COLLEGE

19, RAJKUMAR CHAKRABORTY SARANI  
KOLKATA- 700 009

**RE - ACCREDITED WITH GRADE 'A' BY NAAC**

website: <http://www.bangabasimorning.edu.in>, Email ID: [bangabasimorning@gmail.com](mailto:bangabasimorning@gmail.com)

Title of the Seminar- ***Polycystic Ovarian Syndrome (PCOS)***

Chief Patron- Dr. Amitava Datta, Principal

Convenor-Dr. Priyanka Mallick

Organizing Department-Women's Cell , Bangabasi Morning College

Date-06.01.2024

Perticipants-50

## Program Report

Women's Cell, Bangabasi Morning College organised an awareness talk on Polycystic Ovarian Syndrome to observe the Student's week marked from 2<sup>nd</sup> January to 8<sup>th</sup> January,2024. Polycystic Ovariansyndrome is a condition in which the ovaries produce an abnormal amount of androgens ,male sex hormones that are usually present in women amounts. The name Polycystic ovary syndrome describes the numerous small cysts (fluid-filled sacs) that form in the ovaries. However, some women without the disorder do not have cysts, while some women without the disorder develop cysts. Dr. Debashish Ghatak, Gynaecologist and Obstetrician, MR Bangur hospital, Tollygunge, Kolkata , was invited as the guest speaker . He highlighted some crucial points regarding this issue since it created heap of prejudice ,discriminations, marginalization and social obstacles amongst the young girls and their families.

PCOS is the single most heterogenous and multisystem endocrine abnormality of women of reproductive age group and most common cause of secondary amenorrhoea. It was discovered by Stein and Leventhal in 1935. Worldwide 6-10% but more common in infertility 20%, becoming more common in adolescent girls often developing soon puberty.



*Amitava Datta*  
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Management of PCOS includes life style modification( Weight Reduction, Dietary modifications) application of Combined oral contraceptive pills(COCs), Insulin Sensitizations, Ovulation Induction Therapies for PCOS. The session ended with a very lively and spontaneous interaction between the esteemed speaker and the audience comprised both students and teachers indicated the need for such discussion on an open platform like this.



*Anitara Das*

Principal

Bangabasi Morning College  
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